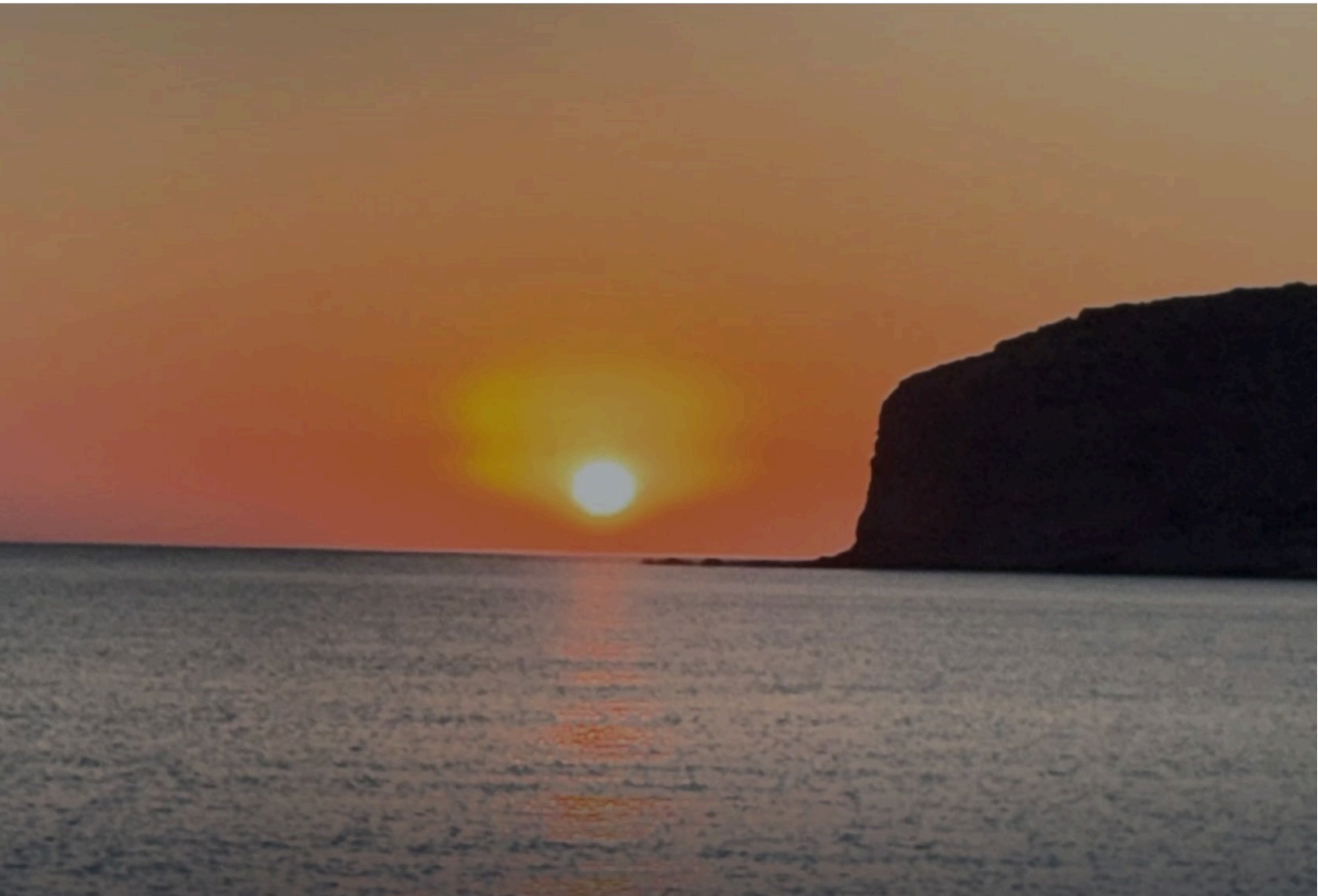




AGAPE CRETE · HEALING

WHAT I OFFER DOESN'T FIT A CATEGORY

*A retreat of direct energetic work
with Patrice Krysztofiak*

19 – 22 NOVEMBER 2026

WHERE

South Crete

DURATION

4 Days · 3 Nights

PLACES

Limited to 20

AGAPE CRETE · AMIRAS · SOUTH CRETE

THE WORK

STILL. PRECISE.

THE ESSENCE OF HEALING.

Patrice works directly. He reads the body and the energy field, finds what is holding, and intervenes — close in effect to the oldest healing traditions, but stripped of ritual and lineage. No incense, no ceremony, no story. What remains is the intervention itself.

Two sessions each day, morning and late afternoon, held on the Thea Platform at Amiras, open to the mountain and the Libyan Sea. The middle of the day belongs to Minoan Crete — the great museum at Heraklion, the palace of Knossos. Mornings open in silence. Days end at the table, together.

WHO LEADS IT

PATRICE KRYSZTOFIAK

Patrice spent his working life in business until 2019, when a crisis took it apart. Daily meditation brought him through it, and left him with something he had not asked for: the ability to perceive, in another person, what the body is holding. Since then he has worked with people across the world, one to one and in small groups. He describes what he does plainly — no lineage, no ritual, no promises. He is not a medical practitioner and makes no medical claims.

You will not find a method described here.

What happens at Amiras is easier to experience than to advertise.

THE FOUR DAYS

THURSDAY · 19 NOVEMBER

ARRIVAL

Arrival day. One shuttle runs from the airport; please plan your flight to land before it leaves.

15:00	Shuttle leaves Heraklion airport.
from 16:00	Arrival at Amiras.
19:00	Welcome dinner in the village.

FRIDAY · 20 NOVEMBER

THE GREAT MUSEUM

The Archaeological Museum at Heraklion.

07:30	Morning meditation.
08:00	Breakfast.
09:00 – 11:00	Session with Patrice.
11:15	Drive to Heraklion.
12:15	The Archaeological Museum.
14:15	Lunch in Heraklion.
15:30	Drive back to Amiras.
16:30 – 18:30	Second session.
19:00	Dinner together.
from 20:30	The evening stays open.

SATURDAY · 21 NOVEMBER

THE PALACE OF KNOSSOS

The palace of Knossos and the olive groves around it.

07:30	Morning meditation.
08:00	Breakfast.
09:00 – 11:00	Session with Patrice.
11:15	Drive to Knossos.
12:15	Lunch at Knossos.
13:15	The Palace of Knossos.
15:00	Drive back to Amiras.
16:00 – 18:00	Second session.
18:30	Dinner together.
from 20:00	The evening stays open.

SUNDAY · 22 NOVEMBER

THE ETERNAL TEMPLE

The closing session at the sanctuary of Hermes and Aphrodite at Kato Symi.

07:30	Morning meditation.
08:00	Breakfast.
09:00	Drive to Kato Symi.
09:30 – 11:30	Closing session at the temple.
12:30	Closing lunch — the retreat ends.
14:00	Shuttle to the airport, arriving about 15:00.

Both daily sessions are held on the Thea Platform at Amiras. Individual one-to-one sessions with Patrice — in the midday hours and after dinner — are booked through Agape.

RETREAT & BOOKING

€1,250

per person · all-inclusive · excluding flights

€995 for bookings confirmed by 30 October 2026

Includes

- 3 nights accommodation
- Full board, from dinner on Thursday to lunch on Sunday
- Five sessions with Patrice
- Morning meditation each day
- Both excursions, with all entrance fees
- Return airport transfer – 15:00 on Thursday, 14:00 on Sunday

Individual sessions: optional one-to-one sessions with Patrice – in the midday hours and one each evening after dinner. Booked through Agape and charged separately.

Booking: 50% deposit secures your place. Free cancellation up to one month before the retreat. Balance due one month prior to arrival.

Extend your stay: before or after the retreat, full board included – €115 per night (outdoor shower & WC) · €135 per night (en-suite bath) · single occupancy €40 per night supplement · airport shuttle at other times €85

Places: limited to 20 · shared double occupancy · single occupancy €120 supplement

GETTING HERE

Fly to Heraklion (HER). Both transfers are included. Book a flight that lands before 15:00 on Thursday, and one that leaves comfortably after 16:00 on Sunday.

TALK TO US

Isa is your contact at Agape for places, questions and individual sessions.
events@agapecrete.com
+30 695 548 5620 (phone & SMS)
+30 697 502 2385 (WhatsApp)
The retreat is held in English.

This is the first retreat of its kind at Agape, so there are no accounts from earlier participants to pass on. Write to Isa and ask whatever you need to ask.

AGAPE CRETE

agapecrete.com · Amiras · South Crete · Greece

This is an intention. Weather, roads, and the day itself may shift things.