



BETWEEN THE DIKTI MOUNTAINS AND THE LIBYAN SEA

AWAKEN YOUR

Higher Self

IN THE LAND OF THE GODS

A 7-day channeling retreat with Lincoln Gergar at sacred power places across Crete.

WHEN

June 2026

WHERE

South Crete, Greece

DURATION

7 Days / 6 Nights

THE EXPERIENCE

Where channeling meets ancient sacred ground.

Imagine receiving Higher Self guidance while standing in the cave where Zeus was born. Picture a channeling session on a mountaintop where Minoans worshipped their gods 4,000 years ago.

This is not an ordinary retreat. It is a pilgrimage into the cradle of Western civilization.

DAILY CHANNELING

Multiple Higher Self channeling sessions each day with Lincoln — at sacred sites, during meditation, and in evening gatherings.

8 SACRED SITES

From Minoan caves to Byzantine rock churches. Power places that have drawn seekers for 6,000 years. Some virtually unknown.

COMMUNITY

Stay with Agape Community Crete. Shared meals, morning meditations, and the warmth of a spiritual family walking a conscious path together.

YOUR GUIDE

Lincoln Gergar

CHANNEL FOR HIGHER SELF

Since 2007, Lincoln has shared the teachings of the Higher Self Consciousness with seekers worldwide. His gift is the ability to enter complete inner silence and allow the Higher Self to communicate directly — offering profound knowledge, healing energy, and guidance that transcends the personal mind.

This retreat offers something rare: extended, immersive access to Lincoln in an intimate group, across multiple days, at places steeped in thousands of years of sacred tradition.

2,600+

CHANNELED VIDEOS

5M+

YOUTUBE VIEWS

18+

YEARS TEACHING

THE JOURNEY

8 sacred power places.

Each day takes you to two carefully selected sites. At the first, you explore and meditate. After lunch in a local taverna, you visit the second for channeling and Q&A with Lincoln.

DAY 3 — LASITHI PLATEAU: BIRTH OF THE DIVINE

DIKTEON CAVE

The mythological birthplace of Zeus. A sacred site for over 6,000 years. Stalactites, underground chambers, and the overwhelming presence of ancient devotion.

1 HR 15 MIN FROM BASE

KARFI / TRAPEZA CAVE

The last Minoan settlement at 1,100m — where an entire civilization preserved its culture for 400 years after collapse. Or the Trapeza Cave, one of Crete's oldest cult sites.

ON THE LASITHI PLATEAU

DAY 4 — MESSARA PLAIN: WISDOM & SACRED LAW

PHAISTOS PALACE

Second-largest Minoan palace, overlooking the vast Messara Plain. Home of the enigmatic Phaistos Disc. A place where ancient wisdom was written in stone.

45 MIN FROM BASE

GORTYN

Roman capital of Crete. The oldest law code in Europe carved into stone walls. Where Zeus, as a bull, seduced Europa beneath a sacred tree.

20 MIN FROM PHAISTOS

DAY 5 — LIBYAN SEA: HIDDEN SANCTUARIES

ARVI GORGE & MONASTERY

A lush gorge with palm trees, tropical vegetation, and a sacred spring. The ancient Monastery of Agios Antonios. Lunch: fresh fish and octopus by the sea.

30 MIN FROM BASE

KOUDOUMA MONASTERY

One of Crete's most remote sacred places. Monks living in sea caves. Accessible only by dirt road. Virtually unknown internationally.

45 MIN FROM ARVI

DAY 6 — SACRED PEAKS: ANCIENT HEIGHTS

KOFINAS PEAK (1,231M)

Minoan peak sanctuary with 360° views. One of Crete's most important ancient cult sites. Crowned by the Chapel of Timios Stavros. A 1-hour hike.

20 MIN FROM BASE

BYZANTINE ROCK CHURCH

One of Crete's 260+ rock churches — tiny chapels carved into cliff faces, often built on Minoan cult sites. Known only to locals. Total silence.

NEAR AMIRAS

THE RHYTHM

A typical excursion day.

7:00 AM	Morning Meditation with Lincoln <i>1 hour. Setting the intention.</i>
8:00 AM	Breakfast
9:00 AM	Depart by Bus <i>The journey is part of the experience.</i>
10:00 AM	Sacred Site 1: Explore & Meditate <i>90 min exploration. 1 hour meditation.</i>
12:30 PM	Cretan Lunch <i>Local taverna. Wild herbs. Homemade wine.</i>
2:00 PM	Sacred Site 2: Explore & Channel <i>90 min exploration. 1 hour channeling. Q&A.</i>
5:30 PM	Return to Agape
7:00 PM	Dinner <i>Authentic Cretan cuisine with the community.</i>
8:30 PM	Evening Meditation <i>1 hour. Integration and inner stillness.</i>

THE TABLE

Cretan cuisine.

Between the Dikti mountains above and the Libyan Sea below, food is not sustenance. It is culture, tradition, and love made tangible. We eat where the locals eat: in small tavernas where the owner grows the vegetables, picks the herbs from the hillside, and pours wine from barrels he filled himself.

GARDEN & MOUNTAIN

Local seasonal vegetables, wild greens, legumes, olive oil, and fresh herbs from the hillsides. Lamb and goat from the local shepherd. Bread from the wood-fired oven.

SEASIDE FISH

Fresh fish and grilled octopus at Taverna To Kima in Arvi. Right by the Libyan Sea.

WINE & RAKI

Every meal ends the Cretan way: a small glass of raki and a sweet, offered by the house.

Vegetarian and vegan options available throughout — most meals are naturally plant-forward, with abundant fresh, whole ingredients.

INVESTMENT

Pricing.

€2,300

PER PERSON · 7 DAYS ALL-INCLUSIVE · FLIGHTS NOT INCLUDED

Installment plan available (3 payments)

A personal channeling session with Lincoln normally starts at \$333/hour. This retreat includes multiple sessions across 7 days in an intimate group setting.

THE RETREAT INCLUDES

- ◆ 6 nights accommodation
- ◆ All channeling sessions with Lincoln
- ◆ All excursions to 8 sacred sites
- ◆ Round-trip airport transfer
- ◆ Welcome & farewell ceremonies
- ◆ All meals (7 days)
- ◆ Daily morning & evening meditations
- ◆ Minibus transportation
- ◆ Professional local guide
- ◆ Visa support letter (non-EU)

Not included: flights, travel insurance, personal expenses.

STAY LONGER

Extension days.

Not ready to leave? Stay on after the retreat and experience community life at Agape. Lincoln will have departed. The land, the community, and Crete remain — over a dozen beaches within a 10-minute drive.

WORK-TRADE

PERMACULTURE HANDS-ON

5 hours of regenerative agriculture per day in exchange for a reduced daily rate. Afternoons free for the beach. Includes the full community program and shared meals.

€135 / day

FREE DAYS

Beach, coastline, hiking, village life. Full community program and shared meals. No work component — total freedom to rest and explore.

€175 / day

Your Higher Self is calling.

RESERVE YOUR SPOT · agapecrete.com/contact-us

Agape

AMIRAS, SOUTH CRETE, GREECE · @AGAPE.CRETE · CHANNELHIGHERSELF.COM · © 2026