

Amchi Khedup Loden Gurung & John Jackson

# Medicine Buddha

Initiation Retreat series

**"Lung" transmission (Part 1/3)**



28th – 31th  
**May**  
2026

Greece  
**Crete**  
Amiras



## Medicine Buddha

We invite dedicated practitioners to a profound opportunity to deepen their connection to the luminous heart of the healing path by joining our two teachers in this intensitive retreat.

This retreat is centered on the practice of the Medicine Buddha (Tibetan: Sangye Menla), the supreme embodiment of the healing energy of all enlightened beings.

For the practitioner, the Medicine Buddha practice transcends mere physical healing. It is a powerful and direct method for purifying the subtle causes and conditions of all forms of suffering. By connecting with the radiant, lapis lazuli light of his wisdom and compassion, we work to clear deep-seated afflictions, pacify inner and outer obstacles on our path, and ultimately realize the mind's innate, pristine nature. This practice is a supreme expression of compassionate activity a direct means to become a source of healing for oneself and the world.

This teaching is specifically designed for those with a foundation in Buddhist practice. To begin this profound practice, Amchi will provide a formal lung transmission (reading transmission). A lung is a traditional blessing where the teacher reads the practice text aloud, granting students the blessing and permission to engage in that specific practice.

This transmission is a vital and foundational first step on the way to a full initiation (wang) which will happen over the next 2 retreats (Part 2 is "Tri" (instructions) and Phase 3 is "Wang" (initiation).

The sadhana we will be using is "The Jewel Necklace Concise Ritual Practice of the Medicine Buddha", originally by Nyamed Sherab Gyaltsen. It is highly recommended that participants purchase the book listed under recommended reading before the retreat. It contains the complete practice in both Tibetan and English, along with detailed instructions that will be essential for our study.

In this retreat, you will:

- Receive the precious Medicine Buddha lung transmission
- Engage in in-depth instruction on the visualization, mantra, and the ritual practice itself
- Participate in extended group practice sessions to deepen realization and accumulate merit
- Explore how to apply this profound practice to overcome personal obstacles and to be of genuine benefit to others
- Establish a powerful, lifelong connection with the healing energy of the medicine Buddha

This is a rare opportunity to receive the heart essence of this sacred practice.

Join us to awaken the boundless healing radiance that is your own true nature!

### Recommended Reading

Title: "Origin of the Medicine Buddha", Author: Tempa Dukte Lama, Publishing Year: [2021] ISBN: [0983545669]

For more information and bookings,  
please visit [agapecrete.com/program/](http://agapecrete.com/program/) or contact [events@agapecrete.com](mailto:events@agapecrete.com)



## The Teachers

### Amchi Khedup Loden Gurung

Is widely regarded as a highly accomplished doctor versed in Tibetan Bon Medicine, treating around 300 patients per month in the Mustang Valley in the Nepalese Himalayas, with people traveling from far-away regions to receive treatment by him.

### John Jackson

Has led more than 100 meditation retreats in over a dozen countries over the past 25 years. He served for 17 years as director of the Chamma Ling Solitary Retreat Center in Colorado and for 23 years as professor at the University of Virginia School of Medicine. He has trained with senior Bön lineage masters, including Yongdzin Tenzin Namdak Rinpoche, H.H. Lungtog Tenpai Nyima Rinpoche, Ponlob Tinley Nyima Rinpoche, and Tenzin Wangyal Rinpoche.

## The Location - Agape Crete

Agape Crete is a spiritual community in the mountains of southeastern Crete.

### Our Vision

- To offer advanced spiritual teachings, particularly in Bön, Shaivism, and Native American traditions, as well as other spiritual paths
- To practice and promote regenerative agriculture and agroforestry, especially the reforestation of the Vachos Valley and the restoration of water cycles
- To provide healing through alternative methods, especially where conventional medicine does not address root causes

Our seminar center is located in Amiras, at 700 meters altitude, with beautiful views of both mountains and sea.

Numerous beaches - most of them completely empty - can be reached within 20 minutes by car.

This is still the authentic Crete, unspoiled by tourism and the rush of modern life.

## Housing and Food

Housing: various options, from €15 to €120 per day

Meals (full board): €35 per day

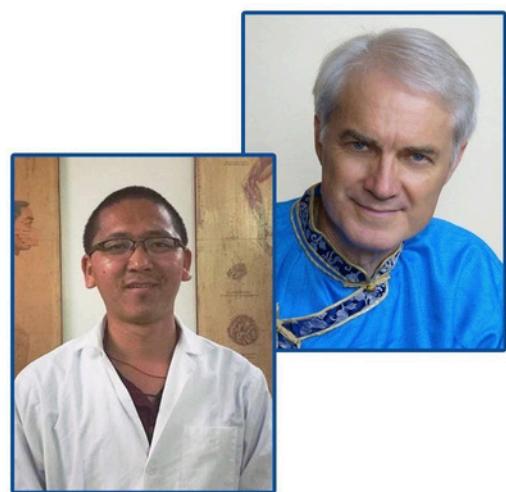
## Logistics and Costs

Closest airport: Heraklion (approx. 1 hour drive)

Airport pickup available, or car rental directly at the airport

**Retreat fee: €450 per person**

Scholarships available upon request



For more information and bookings,  
please visit [agapecrete.com/program/](http://agapecrete.com/program/) or contact [events@agapecrete.com](mailto:events@agapecrete.com)