

Dr Mihaiela Pentiu

HEALTH & BEYOND

Healing Intimacy



30th – 3rd

March/April

2025

Greece

Crete

Amiras



A Healing Journey into Intimacy and Connection

Join an exclusive 5-day immersion in the serene beauty of Crete, blending health, emotional intelligence, and the timeless art of sacred sexuality.

Step beyond the ordinary and discover new dimensions of your HEALTH & SEXUALITY, Spirituality & Connection.

This workshop is designed for individuals and couples seeking healing and transformation through meaningful relationships.

Led by an experienced doctor, yogini and mentor, this experience offers a refined blend of individual and community work for emotional intelligence, healthy sensuality, and a celebration of beauty and vitality.

Spaces are limited—reserve your place now to awaken your essence and embrace the art of connection.

Why "Health & Beyond – Healing Intimacy"?

- **Simplicity and Depth:** Therapeutic practices and teachings rooted in science, tradition, and personal growth.
- **Transformative Insights:** Explorations and practices that balance emotional, physical, and spiritual well-being.
- **Individualisation and Exclusivity:** A curated experience in an intimate, serene setting for meaningful growth.
- **Timeless Location:** Held in the vicinity of the ancient temple of Aphrodite, embodying the essence of love and beauty.
- **Expert Guidance:** Led by a seasoned professional with extensive experience in holistic health, Tantra, and yoga therapy.

Workshop Highlights

- **Health:** Cultivating vitality and longevity through tailored practices in yoga, breathwork, and mindfulness.
- **Emotional Intelligence:** Upgrading the dynamics of emotional connection and healing.
- **Sacred Sexuality:** Introducing refined teachings from Tantra and Taoism, with an emphasis on elegance and mutual respect.
- **Subconscious Insights:** Inner dialogue guidance to unveil and transform hidden patterns.
- **Beauty:** Celebrating the art of living with timeless rituals for inner and outer harmony.

Dr. Mihaiela Pentiu, MD, PM&R, C-IAYT, CCH



is a seasoned medical doctor, yoga therapist, and psychosomatic expert with over 30 years of experience blending science and spirituality for holistic healing.

Her expertise spans integrative medicine, therapeutic yoga, and meditation traditions, empowering individuals to achieve profound personal transformation and resilience.

www.mihaielapentiu.com

For informations and booking please check

agapecrete.com and contact at info.agapecrete@gmail.com